



Curriculum Vitae

Personal Information

First Name: Behnam

Surname: Akhbari

Date of Birth: September 23; 1964

Nationality: Iranian

Academic Rank: Professor

Gender: Male

Work Address

Physiotherapy Department,
University of Social Welfare and Rehabilitation Sciences,
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Google Scholar: <https://scholar.google.com/citations?user=qiR5n-4AAAAJ&hl=en>

Educational Background

2001-2006 **PhD** in Physiotherapy, Rehabilitation Faculty, Iran University of Medical Sciences, Tehran, IRAN

1988-1990 **MSc** in Physiotherapy, Rehabilitation Faculty, Tehran University of Medical Sciences, Tehran, IRAN

1983-1987 **BSc** in Physiotherapy, Rehabilitation Faculty, Tehran University of Medical Sciences, Tehran, IRAN

Career

2016-present **Professor** of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

2007-2016 **Associate Professor** of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

- 2007-2010** **Assistant Professor** of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN
- 1993-2007** **Academic Tutor** of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN
- 1990-1993** **Academic Tutor** of Physiotherapy Department, Semnan University of Medical Sciences, Semnan, IRAN

Teaching Areas

- Kinesiology and Biomechanics
- Physiotherapy in Orthopedic Conditions
- Electrodiagnosis and Electromyography
- Manual Therapy
- Motor Control

Research Areas

- Postural and Motor Control Deficits in Musculoskeletal and Neuromuscular Disorders
- Sensorimotor and Cognitive Contributions in Normal and Abnormal Postural Control
- Cross Cultural Adaptation and Validation of Functional Outcome Measures in Iranian Subjects with Various Disabilities
- Exercise Progression Based on Motor Control Findings in Subjects with Disabilities
- Myofascial Therapy

Students' Theses Guided

- **MSc** Theses, as **supervisor**: **10** titles
- **MSc** Theses, as **advisor**: **15** titles
- **PhD** Theses, as **supervisor**: **9** titles
- **PhD** Theses, as **advisor**: **11** titles

Clinical Interests

- Functional Training in Musculoskeletal and Neuromuscular Disorders
- Manual Therapy in Neuromusculoskeletal Dysfunctions

- Myofascial Therapy and Dry Needling

Specifications

- 2019** Three-day workshop on **“Headache and Fascial Pain”** (July 1-3), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2019** Two-day workshop on **“Myofascial Release Techniques for Musculoskeletal Disorders”** (July 1-3), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2019** Three-day workshop on **“Myokinematic Approach for Balancing Postural Asymmetries Associated with Musculoskeletal Pain and Disorder”** (June 28-30), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2018** Two-day workshop on **“Visceral Manipulation-part II”** (July 22-24), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2018** Two-day workshop on **“A Comprehensive Approach in Assessment and Treatment for Disorders of the Shoulder Girdle Complex”** (July 10-11), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2018** Two-day workshop on **“Myofascial Release Techniques for Musculoskeletal Disorders”** (December 26-27), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Differential Diagnosis, Clinical Reasoning and Treatment for Disorders of the Knee and Ankle Joints”** (Dec 29-31), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Differential Diagnosis, Clinical Reasoning and Treatment for Headache, TMJ and Fascial Pain”** (Dec 27-28), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Visceral Manipulation-part I”** (Dec 25-26), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Craniosacral Manipulation”** (August 25-26), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Pelvic Floor Dysfunctions”** (August 23-24), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Myofascial Release Techniques for Musculoskeletal Disorders”** (August 21-22), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2017** Two-day workshop on **“Myofascial Trigger Point Dry Needling”** (May 27-28), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2010** Two-day workshop on **“Principles of Pharmacology in Rehabilitation”** (July 13-14), Iranian Physiotherapy Association, Tehran, Iran
- 2005** One-day workshop on **“Academic Rank Promotion”** (December 21), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

- 2005** One-day workshop on “**Spinal Cord Injury Rehabilitation**” (September 1), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2005** Three-day workshop on “**Qualitative Research Methods**” (February 15-17), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2004** Three-day advanced workshop on “**Massage Techniques**” (November 22-24), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2003** Three-day workshop on “**Neurorehabilitation**” (October 26-28), University Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2003** One-day advanced workshop on “**Soft Tissue Mobilization Techniques**” (November 24), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2000** One-day advanced workshop on “**TMJ Manual Therapy**” (July 5), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 2000** Three-day advanced workshop on “**Craniosacral Therapy**” (May 16-18), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 1999** Four-Month advanced training course on “**Manual Therapy**” (May 16-18), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 1999** Five-day workshop on “**Research Methodology**” (March 13-17), Faculty of Rehabilitation, Iran University of Medical Sciences, Tehran, Iran
- 1997** Six-day professional training course on “**Manual Therapy**” (August 9-14), Iranian Physiotherapy Association, Tehran, Iran
- 1997** Six-day workshop on “**Research Methodology**” (July 5-10), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 1995** Three-day workshop on “**Rehabilitation Basics**” (October 21-23), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 1995** One-day workshop on “**Teaching Methodology and Evaluation**” (August 10), University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
- 1992** Two-week advanced training course on “**Low and Medium Frequency Electrotherapy**” (May 13-30), Enraf Nonius Co., Delft, Netherland

Professional Membership

- 2002-Present** Medical Council of IR Iran
- 1986-Present** Iranian Physiotherapy Association (IPA)

Executive Positions

2009-present	Member of the “ Rehabilitation Committee ”, Sports Medicine Federation, Tehran, Iran
2009-present	Member of “ Evaluation of Physiotherapy Programs Committee ”, the Ministry of Health and Medical Education, Iran
2009-present	Official Expert of the Physiotherapy in “ The Public Prosecutor's Office and Disciplinary Board ”, Medical Council of IR Iran, Tehran, Iran
2008-present	Member of the “ Research Committee ”, Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran
2008-2009	Member of the “ Biomechanics Committee ”, Physiotherapy Research Center, Shahid-Beheshty University of Medical Sciences, Tehran, Iran
2008-2009	Member of the “ DPT Committee ”, Iranian Physiotherapy Association, Tehran, Iran
1996-2002	Member of the “ Board of Directors ”, Iranian Physiotherapy Association, Tehran, Iran
2016-present	Member of the “ Board of Directors for Oral Exam. ”, , the Ministry of Health and Medical Education, Tehran, Iran

International Publications

- 1) Karimi Ghasem Abad S, **Akhbari B**, Salavati M, Talebian Moghaddam S, Saeedi A, Seydi M, Ahangari M, Negahban H. Reliability of postural control during double-leg standing in subjects with nonspecific chronic low back pain: Dual-task paradigm and manipulated visual and somatosensory inputs. *J Bodyw Mov Ther.* 2021;26:49-56.
- 2) Seydi M, **Akhbari B**, Abdolahi M, Karimi Ghasem Abad S, Biglarian A. Confirmatory factor analysis, reliability, and validity of the Persian version of the coping strategies questionnaire for Iranian people with nonspecific chronic neck pain. *J Manipulative Physiol Ther.* 2021;44(1):72-84.
- 3) Karimi Ghasem Abad S, **Akhbari B**, Salavati M, Saeedi A, Seydi M, Shakoorianfard MA. Translation, reliability, and validity of the avoidance endurance questionnaire in Iranian subjects with chronic non-specific neck pain. *J Family Med Prim Care.* 2020; 9(7): 3565–3573.
- 4) Saghaeian M, Salavati M , **Akhbari B** , Ghamkhar L , Layeghi F , Kahlaee AH. Persian version of the LANSS and S-LANSS questionnaires: A study for cultural adaptation and validation. . *Appl Neuropsychol Adult.* 2020; 24;1-8.

- 5) Sepahvand E., Khankeh HR., Hosseini MA, **Akhbari B**. A concept analysis of the bystander effect in road traffic injuries: A hybrid model. *Austral J Paramed*. 2020;17:1-9.
- 6) Nazary-Moghadam S, Salavati M, Esteki A, **Akhbari B**, Keyhani S, Zeinalzadeh A. Reliability of knee flexion–extension lyapunov exponent in people with and without anterior cruciate ligament deficiency. *J Sport Rehabil*. 2020;29(2):253-258.
- 7) Sepahvand E., Khankeh HR., Hosseini MA, **Akhbari B**. Emotional interaction in road traffic injury: A qualitative study on people with spinal cord injury. *J Med Life*. 2019;12(4):419-425.
- 8) Nazary-Moghadam S, Salavati M, Esteki A, **Akhbari B**, Keyhani S, Zeinalzadeh A. Gait speed is more challenging than cognitive load on the stride-to-stride variability in individuals with anterior cruciate ligament deficiency. *Knee*. 2019;26(1):88-96.
- 9) Taghipour M, Salavati M, Nabavi SM, **Akhbari B**, Ebrahimi-Takamjani I, Negahban H, and Rajabzadeh F. Translation, cross-cultural adaptation and validation of the Persian version of COOP/WONCA charts in Persian-speaking Iranians with multiple sclerosis. *Disabil Rehabil*. 2018;40(6):667-672.
- 10) Salavati M, **Akhbari B**, Ebrahimi Takamjani I, Ezzati K, and Haghighatkah H. Reliability of the upper trapezius muscle and fascia thickness and strain ratio measures by ultrasonography and sonoelastography in participants with myofascial pain syndrome. *J Chiropr Med*. 2017;16(4):316-323.
- 11) Nazary-Moghadam S, Salavati M, Esteki A, **Akhbari B**, Keyhani S, and Zeinalzadeh A. Reliability of kinematic measures in subjects with anterior cruciate ligament deficiency during dual-task walking. *J Bodyw Mov Ther*. 2017;21(4):852-859.
- 12) Goosheh B, Ravanbakhsh M, Salavati M, Ebrahimi Takamjani I, **Akhbari B**, and Kahlaee AH. Attention-demand effects on respiration in chronic low back pain patients. *J Bodyw Mov Ther*. 2017;21(4):788-793.
- 13) Mohammadirad S, Salavati M, Ebrahimi-Takamjani I, **Akhbari B**, Negahban H, Sherafat S, Lali P, and Mazaheri M. Dual-Tasking effects on dynamic postural stability in athletes with and without anterior cruciate ligament reconstruction. *J Sport Rehabil*. 2016;25:324-329.
- 14) Salavati M, **Akhbari B**, Ebrahimi-Takamjani I, Bagheri H, Ezzati K, and Kahlaee AH. Effect of spinal stabilization exercise on dynamic postural control and visual dependency in subjects with chronic non-specific low back pain. *J Bodw & Mov Ther*. 2015. 20: 441-448.
- 15) **Akhbari B**, Salavati M, Safavi-faraokhi Z, and Mohammdi F. Intra-and inter-session reliability of static and dynamic postural control in participants with and without patellofemoral pain syndrome. *Physiother Can*. 2015; 67(3): 248-253.

- 16) Mohammadi N, Kahlaee AH, Salavati M, **Akhbari B**, and Abdollahi I. Reliability of functional performance and neurocognitive tests in athletes with and without functional ankle instability. *Physical Treatments*. 2015; 5(2): 63-72.
- 17) **Akhbari B**, Salavati M, Ebrahimi E, Ezzati K, and Haghighatkhah HR. Association of ultrasonography findings with pain, range of motion, disability, and pressure pain threshold in subjects with upper trapezius myofascial pain syndrome. *Physical Treatments*. 2015; 4(4): 221-227.
- 18) Nazari-moghadam S, Salavati M, Esteki A, **Akhbari B**, Keyhani S, , and Zeinalzadeh A. Effect of dual-tasking on variability of spatiotemporal parameters in subjects with and without anterior cruciate ligament deficiency using linear dynamics. *Physical Treatments*. 2015; 4(4): 213-220.
- 19) **Akhbari B**, Salavati M, Ahadi J, Ferdowsi F, Sarmadi A, Keyhani S, and Mohammadi F. Reliability of dynamic balance simultaneously with cognitive performance in patients with ACL deficiency and after ACL reconstructions and in healthy controls. *Knee Surg Sports Traumatol Arthrosc* 2014; 13: 43-48.
- 20) Sherafat S, Salavati M, Ebrahimi-Takamjani I, **Akhbari B**, Mohammadirad S, Mazaheri M, Negahban H, and Lali P. Effect of dual-tasking on dynamic postural control in individuals with and without non-specific low back pain. *J Manipulative Physiol Ther* 2014;37(3):170-179.
- 21) **Akhbari B**, Salavati M, Ezzati K, and Mohammadi Rad S. The Use of dry needling and myofascial meridians in a case of plantar fasciitis. *J Chiropr Med* 2014; 13: 43-48 (Top 5 downloaded articles in 2014).
- 22) Sokhangoei Y, Abbasabadi A, **Akhbari B**, and Bahadoran MR. Investigating the relation of walking speed changes with the metabolic energy consumption index in traumatic unilateral below knee amputees. *Europ J Experiment Biolog* 2013, 3(3):173-177.
- 23) Mohammadi F, Salavati M, **Akhbari B**, Mazaheri M, Mohsen Mir S, and Etemadi Y. Comparison of functional outcome measures after ACL reconstruction in competitive soccer players: A randomized trial. *J Bone Joint Surg Am* 2013; 95(14):1271-7.
- 24) Baharlouei H, Salavati M, **Akhbari B**, Mosallanezhad Z, Mazaheri M, and Negahban H. Cross-cultural validation of the Falls Efficacy Scale International (FES-I) using self-report and interview-based questionnaires among Persian-speaking elderly adults. *Arch Gerontol Geriatr* 2013;57(3):339-44.
- 25) Sherafat S, Salavati M, Ebrahimi-Takamjani I, **Akhbari B**, Mohammadirad S, Mazaheri M, and Negahban H. Intra and inter-session reliability of postural control in participants with and without non-specific low back pain using the Biodex Balance System. *J Manipulative Physiol Ther* 2013;36(2):111-118.
- 26) Mohammadirad S, Salavati M, Ebrahimi-Takamjani I, **Akhbari B**, Sherafat S, Mazaheri M, and Negahban H. Intra and Intersession Reliability of a Postural Control Protocol in Athletes with and Without Anterior Cruciate Ligament Reconstruction: Dual-task Paradigm. *Int J Sports Phys Ther* 2012;7(6):1-10.
- 27) Soleimanifar M, Salavati M, **Akhbari B**, and Moghadam M. The interaction between the location of lower extremity muscle fatigue and visual condition on unipedal postural stability. *Eur J Appl Physiol* 2012;112(10):3495-3502

- 28) Mohammadi F, Salavati M, **Akhbari B**, Mazaheri M, Khorrami M, and Negahban H. Static and dynamic postural control in competitive athletes after anterior cruciate ligament reconstruction and controls. *Knee Surg Sports Traumatol Arthrosc* 2012; 20(8):1603-1610
- 29) Salavati M, Mohammadi F, Khorrami M, **Akhbari B**, and Mazaheri M. Knee injury and Osteoarthritis Outcome Score (KOOS); reliability and validity in competitive athletes after anterior cruciate ligament reconstruction. *Osteoarthritis Cartilage* 2011; 19(4):406-410
- 30) Rahnama L, Salavati M, **Akhbari B**, and Mazaheri M. Attentional demands and postural control in athletes with and without functional ankle instability. *J Orthop Sports Phys Ther* 2010; 40(3): 180-187.
- 31) **Akhbari B**, Ebrahimi-Takamjani I, Salavati M, and Sanjari MA. A 4-week biodex stability exercise program improved ankle musculature onset, peak latency and balance measures in functionally unstable ankles. *Phys Ther Sport* 2007; 8(3): 117-129.
- 32) **Akhbari B**, Ebrahimi-Takamjani I, Salavati M, Farahini H, and Sanjari MA. Ankle musculature latency measurement to varying angles of sudden external oblique perturbation in normal and functionally unstable ankles. *MJIRI* 2007; 22(4): 166-174.

Persian Articles in Iranian Journals (English abstracts available)

- 1) Karimi N, Salavati M, **Akhbari B**, Arab AM, Abdollahi I, Nodehi Moghadam A, Safavi Farokhi Z, and Akhavan N. Internal Evaluation of Physiotherapy Department of University of Social Welfare and Rehabilitation Sciences. *Physical Therapy* 2013; 1(1); 9-16
- 2) Nodehi Moghadam A, Baharloyee H, **Akhbari B**, and Joharee S. Correlation between hip ankle flexibility and postural balance in elderly. *Physical Therapy* 2012; 2(1); 17-22
- 3) Nodehi Moghadam A, **Akhbari B**, Baharloyee H, and Joharee S. The effects of hip and ankle stretching on old people balance. *Iranian J Ageing* 2012; 7 (24):41-48
- 4) **Akhbari B**, Salavati M, and Ezzati K. The Effect of ankle kinesio taping on postural balance in athletes with and without functional ankle instability. *Physical Therapy* 2012; 1(1); 9-16
- 5) Bayatloo A, Salavati M, and **Akhbari B**. The ability to selectively allocate attentional demands on walking during secondary cognitive and motor tasks in elderly people with and without history of falls. *Iranian J Ageing* 2011; 5 (18):14-20
- 6) Mahmoudian A, **Akhbari B**, and Salavati M. Attentional demand of walking in athletes with and without functional ankle instability. *J Rehabil* 2010; 10(4): 40-46.
- 7) Rahnama L, **Akhbari B**, Salavati M, and Kazemnejad A. Comparison of Attentional Demands of Postural Control between athletes with functional ankle instability and healthy athletes. *J Rehabil* 2008-9; 9(3&4): 38-43.
- 8) Soleymanifar M, Salavati M, **Akhbari B**, and Kazemnejad A. The effect of local fatigue induced at proximal and distal muscles of lower extremity in sagittal plane on visual dependency in quiet standing postural stability of healthy young females. *J Rehabil* 2008; 8(4): 16-21.

- 9) Karimi M, **Akhbari B**, Shaterzadeh MJ, and Salavati M. Comparison of ankle taping effect on postural stability between females with functional ankle instability and healthy individuals. *J Rehabil* 2007; 8(2): 17-23.
- 10) Saraipour S, Salavati M, **Akhbari B**, and Kazemnejad A. Translation and adaptation of Knee Injury and Outcome Score (KOOS) into Persian and testing Persian version reliability among Iranians with osteoarthritis. *J Rehabil* 2007; 8(1): 42-47.
- 11) **Akhbari B**, Ebrahimi I, Salavati M, Farahini H, and Sanjari MA. Reliability of timing of muscle activity measurements of ankle musculature in reaction to various angles of sudden external oblique perturbation. *J Iran Univ Med Sci* 2007; 13(53): 22-31.
- 12) **Akhbari B**, Ebrahimi I, Salavati M, Farahini H, and Sanjari MA. Reliability of ankle musculature latency, peak and time of activation measurements to sudden external frontal perturbation. *J Rehabil* 2004; 5(3): 7-13.
- 13) Ebrahimi I, and **Akhbari B**. Neural adaptation. *J Rehabil* 2001; 6-7(2): 57-62.

Books

- 2012 Examination of Musculoskeletal Injuries, 3rd ed. Teimourzadehnovin press, Tehran, Iran.
- 2010 Physical Therapy in Functionally Unstable Ankles, 2nd ed. USWR press, Tehran, Iran.
- 2009 Maintaining Body Balance, Flexibility, and Stability, 1st ed. USWR press, Tehran, Iran.

Presentations

- 2019 Functional training in subjects with non-specific low back pain . *The 20th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2019 Functional training in subjects with stroke. *The 20th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2019 Physical therapy programs in subjects with failed back surgery syndrome: systematic review . *The 20th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2019 Hip hinge exercises and gamification. *The 11th Hip disorder and Arthroplasty Congress*, Tehran, Iran
- 2019 Block periodization and general physical preparation: Towards functional training and movement health. *The 3rd International Seminar and the 30th Iranian Physiotherapy Congress*, Tehran, Iran
- 2018 Therapeutic vs. traditional stretching. *The 19th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran

- 2017** Dual-Task interference: Applications in physical therapy. *The 2nd International Seminar and the 29th Iranian Physiotherapy Congress*, Tehran, Iran
- 2017** Fascial stretch therapy. *The 18th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2017** Modern approach in exercise management. *The 1st International Seminar and the 28th Iranian Physiotherapy Congress*, Tehran, Iran
- 2016** Functional approach in manual Therapy: movement theme and myofascial meridians. *The 17th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2016** Modern self- management in physical therapy. *The 27th Iranian Physiotherapy Congress*, Tehran, Iran
- 2015** Fascial stretch therapy. *The First Sport Physiotherapy Seminar*, Tehran, Iran
- 2015** Movement health and functional movement screening. *The 26th Iranian Physiotherapy Congress*, Tehran, Iran
- 2014** The application of sonoelastography in diagnosis in myofascial dysfunctions. *The 2nd Seminar of Electro Physical Agents (EPAs) Therapy in Iran*, Tehran, Iran
- 2013** Dry needling and myofascial meridians: A case report of plantar fasciitis. *The 14th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2012** Relationship between non-specific chronic low back pain and neck pain. *The 13th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2012** Paradigm shift in movement dysfunction. *The 13th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2012** The Efficacy of extracorporeal shock wave therapy. *The 1st Seminar of Electro Physical Agents (EPAs) Therapy in Iran*, Tehran, Iran
- 2011** Attentional demands of dynamic postural control in with and without nonspecific chronic low back pain. *The 12th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2011** Pandiculation: Natural way maintaining functional integrity of myofascial system. *The 12th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2010** Discriminant validity of clinical and laboratory measures of single and dual task balance performance in older adults with and without history of falls. *The 22th Iranian Physiotherapy Congress*, Tehran, Iran
- 2010** Attentional demands of dynamic postural stability control in healthy subjects and patients with functional ankle instability. *The 2nd Congress of the International Foot and Ankle Biomechanics Community*, Seattle, USA
- 2011** Muscle repositioning: Modern approach for myofascial release. *The 11th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2009** Cross-cultural adaptation, reliability and validity of the Persian version of the Modified Falls Efficacy Scale. *The 19th IAGG World Congress of Gerontology and Geriatrics*, Paris, France

- 2009** Postural dysfunction: Comprehensive approach based on functional pathology. *Physical Therapy Seminar on Geriatrics*, Tehran, Iran
- 2009** The validity of clinical findings in discrimination of segmental lumbar instability. *The 10th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2008** The effect of ankle taping on postural stability in patient with functional ankle instability and healthy subjects. *The 20th Iranian Physiotherapy Congress*, Tehran, Iran
- 2008** Muscle compartmentalization: Applied research and clinical aspects based on the partitioning hypothesis. *The 5th Asian-Pacific International Congress of Anatomists*, Tehran, Iran
- 2008** Craniosacral therapy: Comprehensive approach based on clinical structure-function relationship. *The 5th Asian-Pacific International Congress of Anatomists*, Tehran, Iran
- 2008** Pre-event massage, Sports Medicine Federation, Tehran, Iran
- 2008** Muscle Energy Technique (MET) in SIJ. *The 11th Asian Federation of Sports Medicine Congress*, Tehran, Iran
- 2006** A 4-week Biodex stability exercise program improved ankle musculature onset, peak latency and balance measures in functionally unstable ankles. *The 3rd International Ankle Symposium*, Dublin, Ireland
- 2005** The specific effect of plane and segment of lower extremity muscle fatigue on dynamic postural control. *5th Motor Control Conference*, Sofia, Bulgaria
- 2005** The effects of fatigue in proximal and distal muscles of lower extremity on postural control. *The 8th Asian Federation of Sports Medicine Congress*, Tokyo, Japan
- 2004** Manual therapy in sport-related spinal disorders, Sports Medicine Federation, Tehran, Iran
- 2004** Physical therapy after surgical interventions, Congress of Nursing and Iranian Surgery Association, Tehran, Iran
- 2003** Sensory-motor training, Medical Council of IR Iran Re-education, Tehran, Iran
- 2003** New perspective in electrotherapy, Medical Council of IR Iran Re-education, Tehran, Iran
- 2003** The human motor control system's response to mechanical perturbation: Ankle joint, Application in Motor Control Theories in Rehabilitation, Ahvaz, Iran
- 2002** Mobilization of the lumbar spine. *The 8th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 2002** Physiotherapy of Rotator Cuff Surgery. *The Seminar in Shoulder and Rehabilitation*, Tehran, Iran
- 2001** Energy medicine and manual therapy. *The 7th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran

- 2000** Ankle perturbation system: New horizon in Iranian rehabilitation research. *The 8th Annual Congress of Physical Medicine and Electrodiagnosis*, Tehran, Iran
- 1999** The role of manual therapy in sport injuries. *The 1st Course of Physical Therapy and Sport*, Tehran, Iran
- 1999** Structural integration. *The 5th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 1998** Diagnosis and specific exercise for benign positional vertigo. *The 2th Student's Seminar in Physical Therapy*, Tehran, Iran
- 1998** New approach on functional training. *The 4th International Seminar in Specific Spinal Physical Therapy*, Tehran, Iran
- 1997** The effects of hydrocortisone iontophoresis in patients with knee osteoarthritis. *The 1st Gulf Medical Rehabilitation Congress*, Kuwait, Kuwait

General Interests and Hobbies

- Being with family and friends; chess; volleyball; football and basketball; Aerobics; reading books on history, manual therapy and sport science.

Last Updated: June 21th, 2021